

## **FREE CLINICS**

### **La Casita de la Salud**

[http://www.nymc.edu/student\\_clinic/index.htm](http://www.nymc.edu/student_clinic/index.htm)  
413 E. 120th St. (betw. 1st & Pleasant Aves.)  
845-519-7119  
Sat 8-12

### **Columbia Student Medical Outreach (CoSMO)**

[www.cosmoprimarycare.org](http://www.cosmoprimarycare.org)  
21 Audubon Ave. (at 166th St.)  
212-342-4719  
Sat 8:30-1:30, 2nd Thurs every month 5:30-8

### **Einstein Community Health Outreach (ECHO) Free Clinic**

<http://www.echoclinic.org/>  
1894 Walton Ave, Bronx  
800-836-1316  
Sat 9-12

### **East Harlem Health Outreach Partnership (EHHOP)**

For residents of East Harlem only  
<http://www.E.harlemhealth.org>  
17 E. 102nd St., 7th Fl.  
626-942-6519  
Sat 9-12

### **New York City Free Clinic**

<http://www.med.nyu.edu/nycfreeclinic/>  
16 E. 16th St.  
212-206-5200  
Sat 9-1

### **The Brooklyn Free Clinic**

613 Throop Avenue, Brooklyn  
347-920-8379  
Tu 5:30-8:30

### **Weill Cornell Community Clinic**

<http://weill.cornell.edu/wccc/>  
505 E. 70th St. (at York Ave.)  
646-962-9222  
M 5-8

### **St. Anthony Free Clinic**

718-401-9705  
421 E. 155th St., Bronx

### **Mt. Sinai Adolescent Center**

For ages 10-22 only  
212-423-3000  
312 E. 94th St.

## **SLIDING SCALE CLINICS**

A full list can be found at: <http://www.nyc.gov/html/doh/html/handr/clinics.html>

### **Charles B. Wang Community Health Center**

268 Canal St., 1st Fl., 212-966-0228.  
M 9-5, T 9-5, W 10-6, Th 9-5, F 9-5, Sa 9-4, Su 9-5

### **Sydenham Health Center**

215 W. 125th St.  
212-932-6500  
M, W, F 5-8, T, Th 8-8, 1st and 3rd Sat. of every month 8-4

### **The Ryan Health Network**

[www.ryancenter.org](http://www.ryancenter.org)  
M-T 8:30-7; W 8:30-5; Th 8:30-7; F 8:30-4:30

#### **Ryan Chelsea-Clinton Community Health Center**

645 10th Ave. (betw 45th & 46th Sts.)  
212-265-4500

#### **William F. Ryan Community Health Clinic**

110 W. 97th St. (betw. Columbus & Amsterdam)  
212-749-1820

#### **Ryan Women and Children's Center**

801 Amsterdam Ave. (at 99th St.)  
212-769-7200

#### **Ryan NENA Community Health Center**

279 E. 3rd St. (betw Aves. C & D)  
212-477-8500

#### **Ryan/Adair Community Health Center**

565 Manhattan Ave. (at 124th St.)  
212-222-5221

### **The Institute for Family Health**

<http://www.institute2000.org/health-care/locations>  
Locations in Manhattan and the Bronx, including:

### **Sidney Hillman and Phillips Family Practice**

16 E. 16th St.  
M 8:30-8, T-W 8:30-6, Th 8:30-8, F 8:30-4:30, Sat 9:15-4

### **E. 13th St. Family Practice**

113 E. 13th St. (betw. 3rd & 4th Aves.)  
212-253-1830  
M-F 9-5

### **Walton Family Health Center**

1894 Walton Ave

### **Community Healthcare Network**

[www.chnnyc.org](http://www.chnnyc.org)  
Locations in Manhattan, the Bronx, Brooklyn, Queens, incl:

#### **Community League Health Center**

1996 Amsterdam Ave.  
212-781-7979  
M 9:30-6, T 8:30-5, W 10:30-7, Th 8:30-5, F 8:30-5, S 9-4

#### **Helen B. Atkinson Health Center**

81 W. 115th St.  
212-426-0088  
M 9-5, T 9-5, W 10-6, Th 9-5, F 9-5, Sa 9-4

#### **Downtown Health Center**

150 Essex St.  
212-477-1120.  
M-W, F 9-5, Th 9-7, Sa 8:30-3:30

#### **Mobile Health Van**

212-545-2495  
Tues 1-9 at 240 Second Ave. (at 14th St.)  
Thurs 11-6 (winter) 11-7 (summer) at McCarren Park in  
Brooklyn (Union Ave. betw. North and Driggs)  
Fri 1-9 at 149 Christopher St./Greenwich St.

## **WOMEN'S & REPRODUCTIVE HEALTH SERVICES**

### **Planned Parenthood of New York City**

Locations in Manhattan, Brooklyn, Bronx, and Staten Island

<http://www.plannedparenthood.org/nyc/>

800-230-PLAN for appointments (M-F 8-6)

#### **Margaret Sanger Center**

212-965-7000

26 Bleecker St. (betw. Lafayette St. & Bowery)

M-T 8-4:30, W-F 8-6:30, Sat 7:30-4

#### **Boro Hall Center**

44 Court St., 6th Floor, Brooklyn

212-965-7000

M 8-4:30, T 8-4:30, W 8-6:30, F 8-4:30, Sat 8-4

#### **National Abortion Federation Referral Line**

877-257-0012

#### **Women's Health Line**

311

## **STD & HIV TESTING**

The NYC Dept. of Health provides free and confidential clinics that test for HIV and other sexually transmitted diseases. These clinics are located in all five boroughs, with some having Saturday hours.

<http://www.nyc.gov/html/doh/html/std/std2.shtml>

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## **MENTAL HEALTH**

### **LIFENET**

1-800-LIFENET is a free, confidential help line for New York City residents. You can call 24 hours per day/7 days per week. The hotline's staff of trained mental health professionals help callers find mental health and substance abuse services.

1-877-AYUDESE (1-877-298-3373) in Español

1-877-990-8585 for Korean and Chinese callers (Mandarin and Cantonese dialects)

#### **Ryan NENA Community Health Center**

279 E. 3rd St. (betw Aves. C & D)

212-477-8519

#### **Ryan Women and Children's Center**

801 Amsterdam Ave. (at 99th St.)

212-769-7200

#### **Phillips Family Practice**

212-206-5200

16 E. 16th St.

#### **Bellevue Walk-in Psych Clinic**

212-562-4721

462 1st Ave.

#### **Brooklyn Psychiatric Centers**

718-875-5625

## **DENTAL**

### **William F. Ryan Community Health Clinic**

110 W. 97th St. (betw. Columbus & Amsterdam)

212-316-7931

#### **Ryan NENA Community Health Center**

279 E. 3rd St. (betw Aves. C & D)

212-477-8877

#### **Ryan Chelsea-Clinton Community Health Center**

645 10th Ave. (betw 45th & 46th Sts.)

212-265-4500

#### **Family Health Center at North General**

1879 Madison Avenue

212 423-4500

#### **Walton Family Health Center**

1894 Walton Ave

718 583-2700

## **VISION**

### **Kress Vision Program of NY Downtown**

212-233-8483

170 William St.

#### **Park Ridge Family Health Center of LMC**

718-492-8233

6317 4th Ave., Brooklyn

#### **New Eyes for the Needy**

973-376-4903

#### **National Eye Care Project (EyeCare America)**

877-887-6327

#### **Unite for Sight - Healthy NY**

866-432-5849